



ROYAL NEW ZEALAND YACHT SQUADRON

INTERNATIONAL FOILING CAMP



ABOUT THE CLUB

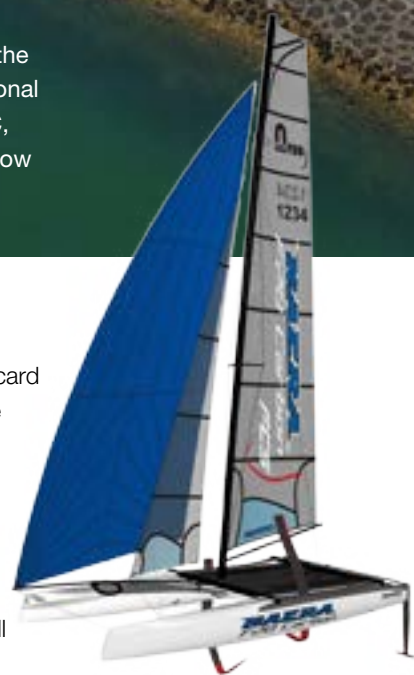
Founded in 1871 The Royal New Zealand Yacht Squadron is New Zealand's leading yacht club. The RNZYS's reputation on the international yachting scene ensures it occupies a position of high prestige, nationally and internationally. The RNZYS has a strong commitment to training and in 1987 launched its Youth Training Programme as a result has seen a generation of yachting dominated by Kiwi Sailors. With the change to foiling multihull in the Americas cup, RNZYS knew that to continue to be the leading training programme in the world it also would need to adapt. In 2016 RNZYS acquired two full foiling Nacra 20s from Emirates Team New Zealand. These boats become the training platform for the RNZYS Performance Programme. In its first year the PP has become a clear pathway into professional sailing and the Americas Cup, 7 or the 10 squad members were selected for the Red Bull Youth AC, the squad competed in 4 World Match Racing Tour events in the M32 catamarans and graduates now have a team in the Extreme series sailing on the GC32 foiling catamarans pro circuit.

COACHING

World Class coaching including professional sailors, NZ Extreme skipper and world match racing tour card holder Chris Steele. Professional coach Extreme series skipper and WMRT mainsheet trimmer Graeme Sutherland, Red Bull Extreme sailing series mainsheet trimmer Will Tiller, Red Bull Youth Americas Cup Skipper and top 49-er sailor Logan Dunning-Beck, Red Bull Youth Americas Cup Tactician Leonard Takahashi-Fry & Olympic Nacra 17 skipper Gemma Jones.

BOATS

Two full foiling carbon fibre Nacra 20, upgraded and modified to suit match racing training, including all safety gear, full spares kit. Ex Team New Zealand training platform from the 2017 Americas Cup. Also available are the RNZYS fleet of 10 Elliott 7 racing yacht and RNZYS members keelboats.





16TH DEC – 12TH JAN 2017/2018 KAWAU ISLAND LIDGARD HOUSE 16TH – 24TH DEC RNZYS CLUB BASE AUCKLAND 25TH DEC – 12TH JAN

RNZYS 'home of the Americas Cup', world renown Youth Training Programme and world first Performance Programme are adding new opportunity to fast track foiling and match racing skills in a month long intensive training camp, with world class facilities and world class coaching.

PROGRAMME 16TH DEC – 12TH JAN

- 16-24th December, training in Kawau Bay, Nacra safety course, match racing training, theory session, fitness testing, training and nutrition
- 25th Dec-12th Jan training at the RNZYS club base Westhaven marina Auckland, short course Nacra racing, Keelboat and offshore training in Elliott 7, MRX and members keelboat. In house Nacra 20 regatta

WHAT THE COURSE COVERS

- Extensive safety course
- Nutrition
- Fitness
- Foiling theory
- Match racing theory
- Practical sessions on foiling, advanced match racing, sailing and racing techniques
- In house match racing regatta on Nacra 20
- Off shore training in keelboats
- Match racing training on Elliott 7 and MRX keelboats
- Train with and be coached by the best sailors in the world

FACILITIES

Lidgard house, Kawau Island. Stay in the iconic Lidgard house on the water front at Kawau Island. Training in Kawau bay offers ideal sailing conditions as sailors come to grips with the full foiling carbon fibre Nacra 20 catamarans. RNZYS club Base, located in downtown Auckland in Westhaven marina- one of the biggest Yacht clubs in the world, home of Emirates Team New Zealand Americas Cup team, world famous Youth Training Programme and RNZYS performance Programme. State of the art lecture rooms, restaurant, bar, training centre including gym, full workshop, wash and drying room. Short course training in the same venue as the 2016 Red Bull Foiling generation regatta .





EXPRESSION OF INTEREST

Name:

Address:

Phone:..... Email:

Yacht Club:

Please attach a sailing CV. Send it to:
PO Box 46182, Herne Bay, Auckland 1147
or via email to: training@rnzys.org.nz



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COSTS

All-inclusive fee includes accommodation, all meals and food, training, safety gear, coaching, use of boats, memberships to RNZYS, airport pick up, drop off.

Cost per sailors is NZD\$8000 includes all NZ expenses

PREREQUISITES

Extensive sailing and racing experience in dinghys and/or keelboats and/or multihulls.

WHAT TO BRING

- Dinghy sailing gear, wetsuit, gloves, booties, gym gear
- We supply: Harness, Life Jackets, Helmets.

LIMITED SPACES BOOK NOW!



RNZYS Sailing Office:
training@rnzys.org.nz
Ph: 09 360 6800
www.rnzys.org.nz